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ADULT HEADBAND

Cast on 92 sts. Place stitch marker.

ROW 1 – 6: K2, P2

ROW 7 – 12: knit all sts

ROW 13: Purl all sts

ROW 14: Knit all sts

ROW 15: Purl all sts

ROW 16 – 21: knit all sts

ROW 22 – 27: K2. P2

Bind off loosely. Weave in ends.

ANGEL FOOD CAKE

(HINT: sift cake flour, then sugar to eliminate any lumps to keep texture light)

1 cup sifted plain cake flour

1 ½ cups sifted sugar

12 large egg whites at room temperature (about 1 ¾ cup plus 2 Tablespoons)

1 teaspoon cream of tartar

¼ teaspoon salt

1 ½ teaspoon vanilla

1 ½ teaspoon fresh lemon juice

½ teaspoon almond extract

Adjust oven rack to lower middle position. Preheat oven to 325°F. Have ready an Ungreased 9 inch large tube pan, preferably with a removable bottom. If the bottom is not removable, line it with parchment paper.

Whisk the flour and ¾ cup of the sugar in a small bowl. Place the remaining ¾ cup of sugar in another small bowl.

Beat the egg whites in the bowl of a standing mixer at low speed until just broken and beginning to froth. Add the cream of tartar and salt and beat at medium speed until the whites form very soft mounds. With the mixer still at medium speed, beat in the remaining ¾ cup sugar, a Tablespoon at a time until all the sugar is incorporated. Beat until the whites are shiny and form soft peaks. Add the vanilla, lemon juice, and the almond extract and beat until just blended.

Sift the flour sugar mixture over waxed paper. Add to the egg white mixtures a little at a time, gently folding in with a large spatula.

Add the batter to the pan. Smooth the top and rap it down a couple of times to get rid of any air bubbles.

Bake until golden brown, and the top springs back then pressed about 50 – 60 minutes.

When done, remove and invert, letting it cool completely at least 2 – 3 hours. Run a knife along the side to remove, and use a large serrated knife to cut. Best served same day.

The Age of Brass and Steam Kerchief v2*

- an easy to make and wear unisex triangular scarf knitted in DK weight yarn.



Materials

DK weight yarn, approx. 230 yards
8 US/ 5 mm circular needle for knitting flat
darning needle

Finished measurements: 53 in. x 15 in. (135 cm x 38 cm)

Gauge: 24 rows and 18 stitches/ 4 inches in stockinette, *unblocked*

M1R make one right
M1L make one left
PM place marker

RS right side
SM slip marker
STS stitches

WS wrong side
YO yarn over

INSTRUCTIONS:

note- stitch counts after working sections are located in bold to the right of the section

1. Begin by making the garter tab and working the set up row, below:

Garter Tab

Cast on 2 stitches.

Knit 6 rows.

Pick up and knit 3 stitches down left side of knitting – one in each garter ridge.

Pick up and knit 2 stitches from the 2 cast on stitches.

A total of **7** stitches on needle.

Set Up Row

(WS) K2, YO, P1, PM, P1, PM, P1 YO, K2. **9 sts**

Stockinette Pattern (2 row repeat w/ increase of 6 sts per repeat)

Row 1: (RS) K2, YO, Knit to marker, M1R, SM, K1, SM, M1L, knit to last 2 stitches, YO, K2.

Row 2: (WS) K2, YO, purl to last 2 stitches, YO, K2.

Garter/Eyelet Section (3 row repeat w/ increase of 8 sts per repeat)

Row 1: (WS) K2, YO, Knit across to last 2 stitches, YO, K2.

Row 2: (RS) K2, YO, (K2tog, YO) to marker, M1R, SM, K1, SM, M1L, (YO, K2tog) to last 2 stitches, YO, K2.

Row 3: (WS) K2, YO, knit to last 2 stitches, YO, K2.

2. Work the 2 row **Stockinette Pattern** 7 times, then work another row 1. (15 rows) **55 sts**

3. Knit the **Garter/Eyelet Section** 1 time. (3 rows) **63 sts**

4. Work the 2 row **Stockinette Pattern** 10 times, then work another row 1. (21 rows) **127 sts**

5. Knit the **Garter/Eyelet Section** 1 time. (3 rows) **135 sts**

6. Work the 2 row **Stockinette Pattern** 10 times, then work another row 1. (21 rows) **199 sts**

7. Knit the **Garter/Eyelet Section** 1 time. (3 rows) **207 sts**

8. Work the **Final Section in Garter Stitch**, below: (3 rows) **217 sts**

Final Section in Garter Stitch

Row 1: (RS) K2, YO, Knit to marker, M1R, SM, K1, SM, M1L, knit to last 2 stitches, YO, K2.

Row 2: (WS) K2, YO, knit to last 2 stitches, YO, K2.

Row 3: (RS) K2, YO, Knit to marker, M1R, SM, K1, SM, M1L, knit to last 2 stitches, YO, K2.

9. Bind off loosely in knit. Sew in ends and wet block to approx. 53 inches by 15 inches.

Age of Brass and Steam Kerchief v2, page 2 of 2

**v2. Correction made to instruction 2. Number of repeats changed from 8 to 7*

BUSY DAY PEACH COBBLER

1 stick butter
1 cup flour
1 cup sugar
2 teaspoons baking powder
½ teaspoon salt
2/3 cup milk
29 ounce can sliced peaches in syrup
cinnamon and extra sugar for sprinkling on top

Melt butter and pour into a 8x8 or 9x9 pan. In a separate bowl, combine flour, sugar, baking powder, salt and milk. Pour dry mixture over melted butter in pan.

Spoon evenly the peaches and juice on top of the dry flour mixture in pan. Sprinkle the top generously with cinnamon and sugar.

Bake at 375°F until brown and crispy – about 35 – 45 minutes.



knittyspin
like yarn. so make yarn. established 2002

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Bitterroot



by Rosemary (Romi) Hill

piquant . . .

Legend has it that long ago, hunger swept through the Native American tribes. As time passed slowly and food supplies dwindled, famine beckoned disease and death closer and closer.

One day, a mother knelt in sorrow by the river, her children sick and dying. The Sun heard her cries of anguish and took pity on the mother, changing her tears to Bitterroot, that her people might never be hungry and sick again.

The idea for this simple and elegant shawl came to me while looking over patterns in a stitch dictionary. I was struck by how much visual difference a small modification could produce.

The lace patterns in this shawl morph seamlessly into one another and change merely by altering the placement of the decreases.

The "unvented" edging adds just the right amount of extra laciness for a perfect little shawlette to wear around your neck, or a lovely full sized shawl fit for a Sun goddess.

model: Shelli Westcott of Knitterly, Kristen Throop **photos:** Rosemary Hill

SIZE

small/shawllette [shown in light blue], large/shawl [shown in purple]

FINISHED MEASUREMENTS

Length at center: 25[37] inches
Width along upper edge: 54[71] inches

MATERIALS

Note: The large/shawl shown was knit using lace weight handspun yarn. The small/shawllette was knit using commercially spun sport weight yarn.

Fiber

Large/shawl

 [A Verb for Keeping Warm](#) [50% baby camel/50% silk; roving]; color: Glenda; 4 ounces

Finished Yarn:

 Wraps per inch: 30

 Yardage used: 475 yards

Note: to knit this version with commercial yarn, you will need approx. 750 yards of laceweight.

Drafting Method:

 Worsted

Small/shawllette

Commercial Yarn Alternative

 [Royale Hare](#) Designer Series, Designs by Romi Silk/Merino sport [50% merino/50% silk; 125 yards/1 oz skein]; color: Arctic Sky; 4 skeins

Note: to knit this version with handspun yarn, you will need 450 yards at 18 wraps per inch.

Recommended needle size

[always use a needle size that gives you the gauge listed below -- every knitter's gauge is unique]

 1 US #6/4mm needle, 32 inches or longer

Tools

 207[656] size 6/0 seed beads

 Smooth waste yarn

 Stitch markers

 Yarn needle

 Steel crochet hook, small enough to fit through holes in beads

GAUGE

20 sts/30 rows = 4" in stockinette stitch

PATTERN NOTES

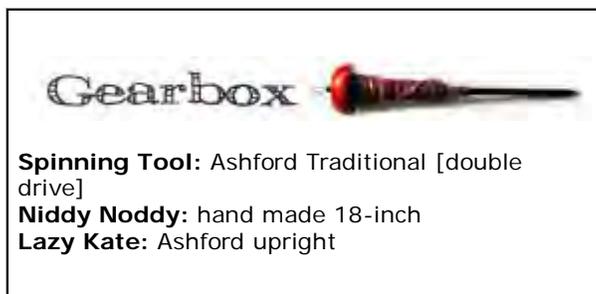
[Knitty's list of standard abbreviations and techniques can be found [here](#).]

sk2p: Slip 1 knitwise, k2tog, pass slipped st over. 2 sts decreased.

yo3: Yarn over three times (wrap yarn three times around right needle, from front to back)

Placing Beads: Work stitch as shown on chart. Slip bead onto crochet hook, use crochet hook to lift st just worked off of right needle, slip bead down around st and replace st on right needle.

Binding Off: When binding off for this project, work as follows: Work 2 sts in pattern, sl both sts back to left needle and k2tog tbl, [work next st in pattern, slip both sts from right needle back to left needle and k2tog tbl] until all sts have been bound off.



Charts

The charts for this pattern are very large. Each fits on a letter-sized page. Click the chart name below and print the resulting page.

[Charts A, B + C](#) • [Chart D](#) • [Chart E + F](#) • [Chart G](#) [revised 12/23/09]

DIRECTIONS

BOTH SIZES:

Using waste yarn, CO 3 sts.

Using working yarn, work 15 rows in garter st (k all sts); you will have 7 garter st ridges. At end of last row, do not turn work; rotate piece 90 degrees clockwise, pick up and k 7 sts (1 st for each garter st ridge) along side edge of piece; remove waste yarn from CO edge, placing resulting sts on needle, then k these sts. 13 sts.

Set-up Row [RS]: K3, place marker, yo, k3, yo, place marker, k1, place marker, yo, k3, yo, place marker, k3. 17 sts.

Next Row [WS]: K3, p to last 3 sts, k3.

Important: When working Charts A, B, C, E, and F, work as follows:

RS Rows: K3, slip marker, work chart row (odd-numbered row) to next marker, slip marker, k center st, slip marker, work chart row to last marker, slip marker, k3.

WS Rows: K3, slip marker, p to last 3 sts (even-numbered row of chart), slip marker, k3.

Work Rows 1-8 of Chart A once, then work Rows 9-28 three times. 153 sts.

Work Rows 1-20 of Chart B. 193 sts.

Work Rows 1-24 of Chart C. 241 sts.





Small/Shawlette Only:
 Work Rows 1-23 of Chart D,
 working each row as follows: k3,
 slip marker, work Right Section
 to next marker, working
 outlined Pattern Repeat 11
 times; slip marker, work Center
 Section, slip marker; work Left
 Section, working outlined
 Pattern Repeat 11 times; slip



marker, k3.

Note that while on most rows the Right Section and Left Section are the same, they differ on Rows 19 and 23. When all rows of Chart D are complete, there will be 341 sts (each yo3 counts as 3 sts). BO all sts as described in Pattern Notes. When working into a yo3, k first yo, p second yo, k third yo.

Large/Shawl Only:

Work Rows 1-16 of Chart E. 273 sts.

Work Rows 1-16 of Chart F. 309 sts.

Work Rows 1-23 of Chart G, working each row as follows: k3, slip marker, work Right Section to next marker, working outlined Pattern Repeat 15 times; slip marker, work Center Section, slip marker; work Left Section, working outlined Pattern Repeat 15 times; slip marker, k3.

Note that while on most rows the Right Section and Left Section are the same, they differ on Rows 19 and 23. When all rows of Chart G are complete, there will be 437 sts (each yo3 counts as 3 sts).

BO all sts as described in Pattern Notes. When working into a yo3, k first yo, p second yo, k third yo.



FINISHING

Weave in ends and wet block as follows:

Submerge thoroughly in water with a touch of wool wash. Squeeze excess water out and roll in a towel to dry further. If using blocking wires, thread wires through triple yarnovers. Pin out shawl, making sure to pin out triple yarnovers and center point of each beaded leaf. Measuring length and width of shawl as you shape and pin. Allow to dry thoroughly.

For more information about wet blocking, see articles [here](#) and [here](#).

ABOUT THE DESIGNER



A regular contributor to Knitty, Rosemary (aka Romi) is the owner and founder of [Designs by Romi](#), purveyor of shawl pins, sterling yarn ball jewelry and knitting patterns. Now that her book, [Elements of Style: Knit & Crochet Jewelry with Wire, Fiber Felt and Beads](#) (Interweave Press) is published, she's off and running with more knitwear designs and her new Pins & Lace Club.

Romi lives in wine country with her three men, and when she's not designing, knitting or hammering, she can generally be found with them at swim practices and meets. She blogs [here](#).

GROUND LAMB GYROS

1 pound lean ground lamb
1 large clove garlic, minced
2 teaspoons lemon juice
½ teaspoon basil
¼ teaspoon ground marjoram
½ teaspoon thyme
½ teaspoon rosemary
¼ teaspoon salt
½ teaspoon pepper
1/8 cup finely chopped fresh parsley OR 2 teaspoons dried parsley flakes
3 pita bread pockets
2 tomatoes, chopped
2 onions, chopped

SAUCE:

1 cup low-fat yogurt
½ medium cucumber, finely chopped
1 clove garlic, minced
1/8 teaspoon salt
1 tablespoon sugar

Mix the sauce first by combining the yogurt, cucumber, garlic, salt and sugar in a bowl. Blend well. Pour into a covered container and chill well.

In a large mixing bowl, combine the lamb with all the herbs and seasonings. Blend and mix well. Place in a large skillet over medium heat, and brown slowly until meat is no longer pink, and thoroughly cooked. Drain off all excess drippings.

Cut pita pockets in half. Fill each pocket halfway full with meat mixture and top with tomatoes and onions. Spoon yogurt-cucumber sauce on top and serve immediately.

Goes GREAT with humus and pita wedges for dipping!



Knitty
little purls of wisdom • established 2002

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Pathway Sport
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Fallberry



by Anne Hanson

tangy ..□□

These cozy fingerless mitts in two sizes feature a fitted thumb gusset and deeply-textured openwork pattern. Inspired by the shapes and colors of berries that accessorize bare branches during winter, these mitts add a similar touch of bright freshness to winter outerwear.

Knit up in sportweight yarn, these are a light, but substantial layer to wear indoors or out. These mitts work up quickly in the round for a dashing fall/winter accessory to keep or give away.

Substituting yarn weights and/or needles may result in an overall variation in size.

 model: Anne Hanson  photos: David Whitfield

 978 projects

SIZE

S[L] (shown in size large)

FINISHED MEASUREMENTS

5.5[6.5] inches (unstretched) to fit hands up to 7.5[8.5] inches around palm

MATERIALS

Yarn

 Slackford Studio Pathway Sport [100% Superwash Merino; 275 yd/251 m per 100g/3.5 ounces skein]; color: Roast Carrots; 1 skein

Recommended needle size

[always use a needle size that gives you the gauge listed below -- every knitter's gauge is unique]

 1 set US 2/2.75mm double-point needles

OR

 1 long US 2/2.75mm circular needle for magic loop method

OR

 2 shorter US 2/2.75mm circular needles for two-circulars method

Notions

 stitch markers

 yarn needle

 waste yarn

GAUGE

28 sts/40 rounds = 4 inches in stockinette stitch (unblocked)

30 sts/36 rounds = 4 inches in pattern stitch (unblocked, stretched)

PATTERN NOTES

[Knitty's list of standard abbreviations and techniques can be found [here](#).]

M1: Use your favorite M1 or the Raised Increase from [this page](#).

Textured pattern:

Use chart or written instructions as you prefer.
Chart shows 1 repeat of the motif; work 6[7] times per rnd.
Read every chart row from right to left

Rounds 1 -4: [P1, k5, p1] around.

Round 5: [P1, ssk, k3, yo, p1] around.

Round 6: [P1, ssk, k2, yo, k1, p1] around.

Round 7: [P1, ssk, k1, yo, k2, p1] around.

Round 8: [P1, ssk, yo, k3, p1] around.

Rounds 9-12: [P1, k5, p1] around.

Round 13: [P1, yo, k3, k2tog, p1] around.

Round 14: [P1, k1, yo, k2, k2tog, p1] around.

Round 15: [P1, k2, yo, k1, k2tog, p1] around.

Round 16: [P1, k3, yo, k2tog, p1] around.

Textured Pattern

	/	o					16
	/		o				15
	/			o			14
	/					o	13
							12
							11
							10
							9
						o \	8
			o			\	7
		o				\	6
	o					\	5
							4
							3
							2
							1
7	6	5	4	3	2	1	

	K
	P
/	K2tog
\	SSK
o	YO

DIRECTIONS

Note: Throughout the pattern, instructions are arranged in order with small size first, followed by large size in parentheses, S(L). Where only one number occurs, it refers to both sizes.

Cuff



Loosely CO 42[49] sts. Divide sts over needles as you prefer, ensuring each needle has a multiple of 7 sts. Note or mark beginning of round.

Work the textured pattern for 2 repeats (32 rounds) to form the cuff.

Thumb gusset

Continuing pattern as established, work next rnd as follows:

Round 1: M1, place first gusset marker, work pattern to end of rnd, place second gusset marker, m1 in previous st. 44[51] total sts; 2 increases made.

Note: The 2 sts between the new markers are the start of the thumb gusset. From this point, the number of gusset sts will increase every 4th round to form a triangle.

Rounds 2-4: K to first gusset marker, slip marker, work in pattern to second gusset marker, slip marker, k to end of round.

Round 5: K to first gusset marker, m1, slip marker, work in pattern to second gusset marker, slip marker, m1, k to end of round.

Repeat *Rounds 2-5* 5[7] times MORE, then work *Rounds 2-4* again, stopping last rnd one stitch before the second gusset marker. 56[67] total sts; 14[18] gusset sts between markers.

Divide thumb from mitt: slip the last 8[10] sts of the rnd and the first 8 [10] sts of the next round to a piece of scrap yarn (the 14 [18] gusset sts plus 1 purl st on either side). 16(20) total thumb sts on holder. 40[47] sts on needles. Gusset markers can be removed.

With working yarn, and using the backward loop method, CO 2 sts at end of rnd. 42[49] sts on needles.

Work next rnd of pattern as established, stopping before last stitch of round. Slip the last stitch from the end of the round to the start of the round without working it. This stitch will be the new first stitch of the round. Move your start of round marker or rearrange stitches as required.

Hand round: Work textured pattern around.

Continue working textured pattern in rounds as established until mitt measures 1.5[2] inches from thumb divide (or to



desired length), ending pattern on nearest Round 3 or 11. BO all sts neatly while working next rnd of pattern.

Thumb

Place stitches from yarn holder onto needles as follows: place first and last stitch from holder on one needle, so that the "gap" is between them, then place the remaining sts onto the other needle(s).

Round 1: With RS facing, k1 (to the gap), then pick up and knit 2 sts in the thumb gap, knit remaining sts around. 18[22] thumb sts.

Knit 3 rnds.

Round 5: (K7[8], k2tog) twice 16[20] sts.

Ribbing rnd: [K2, p2] to end. Repeat this rnd 3 times more, binding off all sts neatly in rib on last rnd.

Work second mitt same as the first.



FINISHING

Weave in all loose ends on WS of work. To block, soak mitts in cool water with wool soap for 60 minutes. Rinse and roll in a towel to squeeze out excess moisture. Lay flat to air dry; turn and reshape pieces as needed.

ABOUT THE DESIGNER



Knitspot owner and designer Anne Hanson, a life-long knitter with a background in the fashion and graphic design fields, began designing knitwear sometime in the 1970s. Anne, who teaches and writes about knitting, spinning, and designing at her blog, knitspot.com, lives and works in Ohio with David, who loves wool, too.

Anne's background as a patternmaker/drafter, technical designer, and costumer in New York City's garment industry informs her work, providing a rich source of experience in garment construction and fit, as well as knowledge of a wide range of fibers and fabrics.

Anne's design work/profile has been included in Knitty, The Knitter, Interweave Knits, and Twist Collective, Sock Club, Brave New Knits, as well as several upcoming publications. In addition, her designs have been commissioned for several popular sock and lace clubs, including the Rockin' Sock Club®, the Woolgirl sock and lace clubs, the Yarn4Socks club, the Fearless Fibers clubs, and Dye Dreams Sock Club.

Pattern & images © 2011 Anne Hanson. Contact [Anne](#)

HOMEMADE BAKLAVA

For the syrup:

- 1 cup honey
- 1 cup sugar
- $\frac{3}{4}$ cup water
- 1 Tablespoon fresh lemon juice
- 2 cinnamon sticks
- 1 inch strip of lemon zest
- pinch ground cloves
- pinch ground cardamom

For the filling and dough:

- 1 pound walnuts OR a combination of walnuts, pistachios and almonds
 - 1 teaspoon ground cinnamon
 - $\frac{1}{4}$ teaspoon salt
 - 2 sticks Unsalted butter
 - 1 pound phyllo, thawed according to package instructions
-

SYRUP: Combine the sugar, honey, water, lemon juice, cinnamon sticks, lemon zest, cloves and cardamom in a medium saucepan. Heat and stir until sugar dissolves. Reduce heat to medium low and cook until it is thickened, about 10 minutes. Remove the cinnamon sticks and lemon zest and set syrup aside to cool.

Finely chop the nuts. A food processor with steel knife will do a good job. Combine nuts, cinnamon and salt in a medium bowl and stir well to blend.

Melt the butter over low heat in a small saucepan.

Using a pastry brush, lightly coat a 13x9 inch or 15x10 inch baking dish with some of the melted butter.

Open the package of thawed phyllo and lay the sheets on a clean work surface. Measure the phyllo sheets to see if they are the same size as your baking dish. If they are larger then cut them to fit and discard the trimmings. Cover the sheets with plastic wrap and a slightly dampened kitchen towel to keep them from drying out.

Position the rack in the center of the oven and preheat the oven to 350°F.

Place 1 of the sheets of phyllo in the bottom of the buttered baking dish and lightly brush with some of the melted butter. Repeat this process with 6 more sheets of phyllo for a total of 7 layers.

Measure about $\frac{3}{4}$ cup of the nut mixture and spread the nut mixture evenly over the butter phyllo sheets. Repeat with 7 more sheets of brushed buttered phyllo, and top these with another $\frac{3}{4}$ cup of nut mixture. Continue this layering method until all mixture and phyllo have been used. Layer any remaining phyllo on top, buttering each layer.

Use a sharp knife to make 4 cuts lengthwise through the layered phyllo at 1 $\frac{1}{2}$ inch intervals. You should end up with 5 lengthwise strips 1 $\frac{1}{2}$ inches wide. Now use your knife to cut diagonally across the strips at 1 $\frac{1}{2}$ inch intervals to form diamond shapes. You should end up with about 36 diamond shaped pieces of baklava in the baking dish.

Bake the baklava until golden brown, about 40 minutes.

Remove and set on wire rack to cool for 5 minutes. Using a ladle, slowly drizzle the cooled syrup over the warm baklava. Allow to stand for several hours before serving.

The Black Purl

Knitting so evil
that Hell itself
spat it back out



Pirates ye be Warned

Gallows Cowl

Notes

Finished Size: 64 in Circumference

Gauge: 5 sts 7 rows / 2 in



Instructions

Cast on: 160 sts

Place marker at beginning of row

Rows 1&2: K1, P1

Rows 3&4: P1, K1

Repeat these 4 rows until cowl measures 12 inches. Work rows 1-3 and BO loosely in row 4 pattern.

Tuck in loose ends

Materials

-Approximately 270 yds.

7.8 oz. yarn

-24" size 15 circle
needle

-Stitch marker (1)

For a more interesting
Mobius cowl, intentionally
twist the first row of sts – it
works best with a long-tail

Questions, comments and complaints can be directed to Mohair2012 on Ravelry – and I'll get back to you pronto

IMPOSSIBLY EASY TURKEY SAUSAGE & TOMATO PIE

2 cups diced tomatoes, drained
1 ½ cups shredded Italian cheese (Kraft), divided into 1 cup and ½ cup
1 cup crumbled turkey sausage patties (precooked, used Kroger brand)
½ cup chopped onion
½ cup Bisquick mix
1 cup milk
½ teaspoon salt, ¼ teaspoon pepper (Not needed if sausage is highly seasoned)
2 eggs

Spray 9 inch pie plate with non-stick spray. Sprinkle evenly in the greased pie plate: the tomatoes, 1 cup of cheese, the turkey sausage, chopped onion.

In a medium bowl, whisk in the Bisquick, milk, seasonings and egg. Pour and spread over the top of the pie ingredients.

Bake in 400°F oven, 35 – 38 minutes or until knife inserted in the center comes out clean. Remove and sprinkle the ½ cup of cheese on top and return to the oven 1 – 2 minutes until the cheese is melted. Let cool for at least 5 minutes before serving.

Another easy topping for the pie is:

½ cup Bisquick
¼ cup chopped almonds or walnuts
¼ cup grated cheese
1/8 teaspoon garlic powder
2 Tablespoons cold butter

Mix all the dry ingredients then cut the butter until it is finely mixed. Spread on pie and continue as directed

It is also handy to brown and freeze 1 pound portions of lean beef or turkey ahead of time for this recipe. Just defrost in the microwave for your cooking needs.

Lace Stripe Shawl (and variations)

Materials:

150-200 grams of sock weight wool (Sample Shown in Cascade Heritage Naturally Dyed, "Wild Honey", 1.5 skeins

Sample measurements: 34" down center back line, 68" from tip to tip on long edge.

US Size 4 Circular Needles, 32"

Or

Whatever yarn and needles you prefer for a Heavier or lighter weight shawl.



This is a little variation on the classic triangular shawl pattern. It is not the first time this pattern has been written up and it is probably not the last.

Abbreviations:

CO: Cast On

K2tog: Knit 2 together

SSK: Slip, Slip, knit the 2 slipped stitches together

PM: Place Marker

SM: Slip Marker

YO: Yarn Over

There are three parts to this shawl's construction: The beginning or set up, the lace mesh stripe, and the stockinette stripe. For a lacier shawl, you can omit the stockinette stripe and repeat the directions for the lace section. For a bit of variety, you can alternate stockinette and reverse stockinette in the solid stripe (as we did in the sample) or you can insert your own stitch patterns.

I hope it gives you some fun ideas and maybe a jumping off point for your own lace shawl designs. Happy Knitting!

Set Up (4 rows)

Cast On 9 sts

Row 1 (RS): K2, YO, K2, YO, PM(center marker 1), K1, PM (Center marker 2), YO, K2, YO, K2 (13sts)

Row 2 (WS): K2, P to 2 sts from the end, (slipping the markers as you come to them), K2

Row 3: K2, YO, K2tog, (YO, K1)x2, YO, SM, K1, SM, YO, (K1, YO)x2, SSK, YO, K2 (19sts)

Row 4: K2, P to 2 sts from the end, (slipping the markers as you come to them), K2



Note: The single stitch in between the markers is your center stitch. There should only ever be this one stitch between the markers. All increase (YO) should happen *outside* the markers.

Lace Mesh Stripe:

RS: K2, YO (K2tog, YO) until one stitch before the marker, K1, YO, SM, K1, SM, YO, K1, (YO, SSK) until 2 stitches before the end, YO, K2. (4 sts added)

WS: K2, P to 2 sts from the end, (slipping the markers as you come to them), K2

Repeat these 2 rows until the lace mesh section is desired width (4 inches in the sample).

Stockinette Stripe:

RS: K2, YO, K to the 1st center marker, YO, SM, K1, SM, YO, Knit to 2 sts before the end, YO, K2

WS: K2, P to 2 sts from the end, (slipping the markers as you come to them), K2

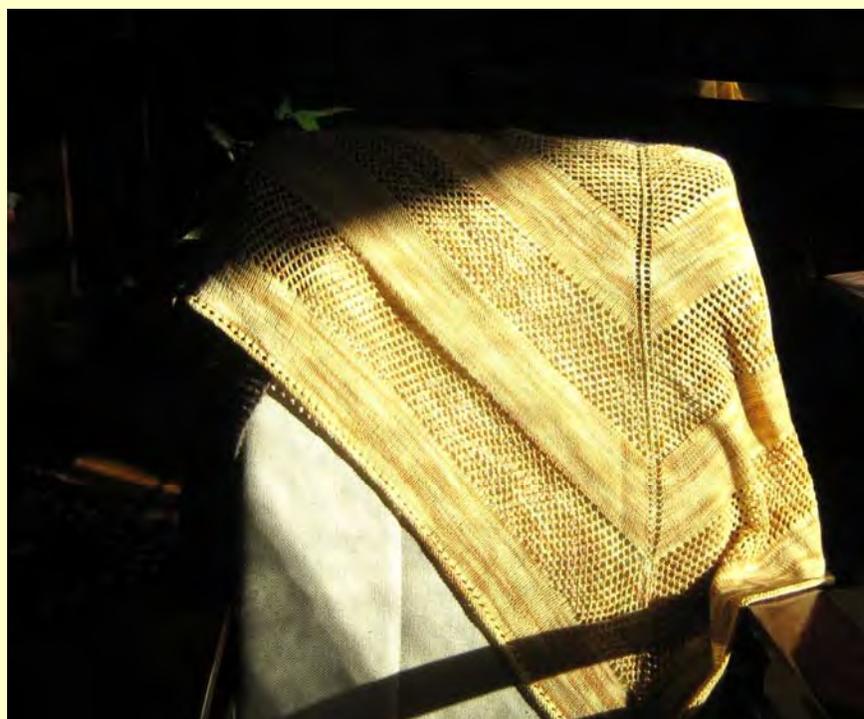
Repeat until stockinette section is desired width (about 4 inches on shop sample).

Repeat 4 inch stripes of Mesh Lace pattern and Stockinette pattern until the shawl is desired length, measured along the center line (between the two markers). Bind off loosely.

Other ideas:

In the pictured sample, the stockinette sections alternate between stockinette and reverse stockinette, adding a little extra texture.

For Mesh only version, repeat the two rows of the Mesh Lace stripe until the shawl is desired length, measured along the center line (between the two markers). Bind off loosely.



QUICK MEXICAN CASSEROLE

- 1 pound ground beef
 - 1 package Taco Seasoning
 - 1 can corn
 - 1 can Rotel Tomatoes
 - 1 can pinto beans
 - 1 can Cream of Chicken soup
-

Brown ground beef and drain. Add taco seasoning, cream of chicken, Rotel, beans and corn. Stir well to blend and simmer until well heated and ready to serve.

Lacy Fingerless Gloves

by Christie Pruitt



Materials

1 Skein Bernat Baby, Fingering Weight, 100% Acrylic, White

Size "E" (3.5 mm) Crochet Hook

Yarn Needle

Finished Size

Should fit a woman's size Small/Medium

Instructions

Ch 37

Row 1 (Right Side): Dc in fifth ch from hook, *skip next 3 chs, 5 dc in next ch, skip next 3 chs, (dc, ch 1, dc) in next ch, repeat from * across.

Row 2: Ch 3 (counts as first dc), turn, 2 dc in next ch 1 sp, skip next 3 dc, (dc, ch 1, dc) in next dc, * 5 dc in next ch 1 sp, skip next 3 dc, (dc, ch 1, dc) in next dc, repeat from * across to last sp, 3 dc in last sp.

Row 3: Ch 4, turn, dc in first dc, * 5 dc in next ch 1 sp, skip next 3 dc, (dc, ch 1, dc) in next dc, repeat from * across.

Repeat Rows 2 & 3 seven times or until desired length, ending after Row 2.

Do not cut yarn. Work a Crab Stitch (reverse crochet) across the top. Work sc all around both sides and bottom of piece.

Finishing

With Right Sides Together, slip stitch along side of glove for about 1", leave about a 1 ½" opening for thumb. When seaming is complete, tuck in ends!

Work the 2nd glove the same way!

RED VELVET CHOCOLATE CHIP COOKIES

½ cup butter
½ cup sugar
½ cup brown sugar
1 egg
1 teaspoon vanilla
1 ½ cups flour
1 teaspoon baking soda
¼ teaspoon salt
1/3 cup cocoa powder
1 teaspoon red food coloring
½ cup chocolate chips

Cream butter and sugar until fluffy. Add egg and vanilla and beat until smooth. Beat in red food coloring. Stir in cocoa, flour, baking soda and salt until just combined, scraping down the sides when needed. Fold in chocolate chips.

Scoop out 1 – 2 Tablespoons of dough and set on baking sheet.

Bake at 375°F for 10 – 12 minutes.

My version of Knitty's

Market Bag

MATERIALS

350 – 400 yards cotton or hemp yarn (I recommend Lily Sugar N Cream)

US 5 – 7 needles (circular – 24in)

US 10.5 needles (circular – 24in)

With smaller needles, Cast On 19 sts

Row 1 & 2: knit

Row 3 (RS): k1, kfb, k to last 2, kfb, k1

Row 4 (WS): knit all sts

Repeat rows 3 & 4 until you have 55 sts

Begin decreasing.

RS: k1, k2tog, k to last 3, k2tog, k1

WS: knit all sts

Repeat these 2 rows until you are back to 19 sts.

With RS facing, pick up and knit 19 sts along each side of your base. You will have 114 sts total.

You should now be working in the round. Knit 5 rounds.

Change to larger needles and knit 1 round.

Begin MESH PATTERN

ROW 1: *YO, k2tog* around

ROW 2: k all sts

Continue in mesh pattern until back measures 7 – 8 inches from base.

Knit one round.

Change to smaller needles. Work in garter stitch in the round (knit 1 round, purl 1 round) for 10 rounds.

Set up for handle:

BO 48

K 9

BO 24

K 9

BO to end

The live stitches will now be worked as the handle. Work 1 x 1 rib, slipping the first stitch of each row, for 20 – 22 inches. Handle will stretch out with weight, so make sure it is not longer than you are comfortable with!

Use a 3-needle bind-off to attach handle to the other set of live stitches. Weave in ends.

SIMPLE SCONES

2 cups flour
1/3 cup sugar, plus 1 teaspoon of sugar, divided
1 teaspoon baking powder
¼ teaspoon baking soda
½ teaspoon salt
8 Tablespoons Unsalted butter, frozen
½ cup raisins (or dried currants)
½ cup sour cream
1 large egg

In a medium bowl, mix flour, 1/3 cup sugar, baking powder, baking soda and salt. Grate butter into flour mixture on the large holes of a box grater. Use your fingers to work in the butter, then stir in the raisins.

In a small bowl whisk sour cream and egg until smooth.

Using a fork stir in the sour cream mixture into the flour mixture until large clumps form. Use your hands to press the dough against the bowl into a ball. The dough will be sticky in places, and there may not seem to be enough liquid at first, but as you press, the dough will come together.

Place on a lightly floured surface and pat into a 7 x 8 inch circle about ¾ inch thick. Sprinkle with remaining 1 teaspoon of sugar. Use a sharp knife to cut 8 triangles. Place on parchment lined cookie sheet, at least an inch apart.

Bake on the middle rack of the oven at 400°F. Bake until golden, about 15 – 17 minutes. Serve warm or at room temperature.



Knitty
little parts of wisdom • established 2002

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Metalouse



by Stephen West

tangy ..□□

This top-down shawl begins with self-striping yarn in a corrugated ridge stitch pattern for quick and easy knitting. A second color is introduced with slipped stitch color work, creating bold columns within the fabric. A garter stitch border finishes the edge. Have fun choosing color combinations! The colorful stitch pattern reminds me of all the houses in Reykjavik with corrugated metal siding.

Slipped stitches are one of my favorite techniques because they can give the illusion of stranding or intarsia but you only have to work with one strand of yarn in each row. The slipped stitch columns in Metalouse shift one stitch closer to the center every CC stripe, which gives a feathered textural look.

The streets of Reykjavik are lined with the most colorful houses and most of the finishes are rusted and chipped adding character and dimension to the corrugated metal sidings. I couldn't stop snapping photos of the Icelanders' homes.

I love making up words for pattern names. The shawl reminded me of a metal house so metal + house = metalouse! It also sounds like *mouse*, which always a good thing.

 **model:** Jessica Cornish, Stephen West
 **photos:** Stephen West

 592 projects

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SIZE

One

FINISHED MEASUREMENTS

Length: 22 inches along center, after blocking

Width: 90 inches wingspan from tip to tip, after blocking

MATERIALS

Yarn

 [MC] #Noro Shiraito [45% Cashmere, 45% Angora, 10% Wool; 197 yd/180m per 50g skein]; color 6; 2 skeins

 [CC] Schoppel Wolle Cashmere Queen [35% Cashmere, 45% Merino Wool, 20% Silk; 153 yd/140m per 50g skein]; color: 7873; 2 skeins

Recommended needle size

[always use a needle size that gives you the gauge listed below -- every knitter's gauge is unique]

 1 40-inch US #7 / 4.5mm circular

Notions

 yarn needle

 2 stitch markers

GAUGE

18 sts and 32 rows = 4 inches in corrugated ridge stitch pattern

PATTERN NOTES

[Knitty's list of standard abbreviations and techniques can be found [here](#).]

M1R: Insert left needle, from back to front, under the horizontal strand which lies between the stitch just knit, and the following stitch; then knit into the front of this loop. 1 stitch increased.

M1L: Insert left needle, from front to back, under the horizontal strand which lies between the stitch just knit, and the following stitch; then knit into the back of this loop. 1 stitch increased.

Slipped stitches: Stitches are slipped wyib on the RS and wyif on the WS.

There is a photo tutorial on the **garter tab CO** [here](#).



DIRECTIONS

Garter Tab Cast On

Using MC, CO 3 sts.

Knit 7 rows. At the end of last row, do not turn to work other side, rotate piece 90 degrees clockwise so that you are looking at the long side of the garter rectangle. Pick up and k3 sts (in the purl bump of each garter ridge). Rotate piece another 90 degrees. Pick up and k3 sts along the cast on edge. 9 sts. Turn to work WS row.

Set Up Row [WS]: K3, yo, p1, pm, p1, pm, p1, yo, k3.

SECTION 1

Row 1 [RS]: K3, yo, p to m, M1R, slm, p1, slm, M1L, p to last 3 sts, yo, k3.

Row 2 [WS]: K3, yo, k to last 3 sts, yo, k3.

Row 3 [RS]: K3, yo, k to m, M1R, slm, k1, slm, M1L, k to last 3 sts, yo, k3.

Row 4 [WS]: K3, yo, p to last 3 sts, yo,



k3.

Repeat last 4 rows 16 more times. 215 sts. Repeat *Rows 1 & 2* once more. 221 sts.

SECTION 2

Join CC.

Carry MC & CC along the right side edge while striping colors. Colors alternate every other row.

Row 1 [RS]: Using CC, k3, yo, k to m, M1R, slm, k1, slm, M1L, k to last 3 sts, yo, k3.

Row 2 [WS]: K3, yo, p to last 3 sts, yo, k3.

Row 3 [RS]: Using MC, k3, yo, p2, (p6, sl3) to m, slm, p1, slm, (sl3, p6) to last 5 sts, p2, yo, k3.

Row 4 [WS]: K3, yo, k3, (k6, sl3) to m, slm, k1, slm, (sl3, k6) to last 6 sts, k3, yo, k3.

Row 5 [RS]: Using CC, k3, yo, k to m. M1R, slm, k1, slm, M1L, k to last 3 sts, yo, k3.

Row 6 [WS]: K3, yo, p to last 3 sts, yo, k3.

Row 7 [RS]: Using MC, k3, yo, p4, sl3, (p6, sl3) to m, slm, p1, slm, (sl3, p6) to last 10 sts, sl3, p4, yo, k3.

Row 8 [WS]: K3, yo, k5, sl3, (k6, sl3) to m, slm, k1, slm, (sl3, k6) to last 11 sts, sl3, k5, yo, k3.

Row 9 [RS]: Using CC, k3, yo, k to m. M1R, slm, k1, slm, M1L, k to last 3 sts, yo, k3.

Row 10 [WS]: K3, yo, p to last 3 sts, yo, k3.

Row 11 [RS]: Using MC, k3, yo, sl3, (p6, sl3) to m, slm, p1, slm, (sl3, p6) to last 6 sts, sl3, yo, k3.

Row 12 [WS]: K3, yo, k1, sl3, (k6, sl3) to m, slm, k1, slm, (sl3, k6) to last 7 sts, sl3, k1, yo, k3.

Row 13 [RS]: Using CC, k3, yo, k to m. M1R, slm, k1, slm, M1L, k to last 3 sts, yo, k3.

Row 14 [WS]: K3, yo, p to last 3 sts, yo, k3.

Row 15 [RS]: Using MC, k3, yo, p5, sl3, (p6, sl3) to m, slm, p1, slm, (sl3, p6) to last 11 sts, sl3, p5, yo, k3.

Row 16 [WS]: K3, yo, (k6, sl3) to m, slm, k1, slm, (sl3, k6) to last 3 sts, yo, k3.

Row 17 [RS]: Using CC, k3, yo, k to m. M1R, slm, k1, slm, M1L, k to last 3 sts, yo, k3.

Row 18 [WS]: K3, yo, p to last 3 sts, yo, k3.

Row 19 [RS]: Using MC, k3, yo, p1, sl3, (p6, sl3) to m, slm, p1, slm, (sl3, p6) to last 7 sts, sl3, p1, yo, k3.

Row 20 [WS]: K3, yo, k2, sl3, (k6, sl3) to m, slm, k1, slm, (sl3, k6) to last 8 sts, sl3, k2, yo, k3.

Row 21 [RS]: Using CC, k3, yo, k to m. M1R, slm, k1, slm, M1L, k to last 3 sts, yo, k3.

Row 22 [WS]: K3, yo, p to last 3 sts, yo, k3.

Row 23 [RS]: Using MC, k3, yo, (p6, sl3) to m, slm, p1, slm, (sl3, p6) to last 3 sts, yo, k3.

Row 24 [WS]: K3, yo, k1, (k6, sl3) to m, slm, k1, slm, (sl3, k6) to last 4 sts, k1, yo, k3.

Row 25 [RS]: Using CC, k3, yo, k to m. M1R, slm, k1, slm, M1L, k to last 3 sts, yo, k3.

Row 26 [WS]: K3, yo, p to last 3 sts, yo, k3.

Row 27 [RS]: Using MC, k3, yo, p2, sl3, (p6, sl3) to m, slm, p1, slm, (sl3,



p6) to last 8 sts, sl3, p2, yo, k3.

Row 28 [WS]: K3, yo, k3, sl3, (k6, sl3) to m, slm, k1, slm, (sl3, k6) to last 9 sts, sl3, k3, yo, k3.

Row 29 [RS]: Using CC, k3, yo, k to m. M1R, slm, k1, slm, M1L, k to last 3 sts, yo, k3.

Row 30 [WS]: K3, yo, p to last 3 sts, yo, k3.

Row 31 [RS]: Using MC, k3, yo, p1, (p6, sl3) to m, slm, p1, slm, (sl3, p6) to last 4 sts, p1, yo, k3.

Row 32 [WS]: K3, yo, k2, (k6, sl3) to m, slm, k1, slm, (sl3, k6) to last 5 sts, k2, yo, k3.

Row 33 [RS]: Using CC, k3, yo, k to m. M1R, slm, k1, slm, M1L, k to last 3 sts, yo, k3.

Row 34 [WS]: K3, yo, p to last 3 sts, yo, k3.

Row 35 [RS]: Using MC, k3, yo, p3, sl3, (p6, sl3) to m, slm, p1, slm, (sl3, p6) to last 9 sts, sl3, p3, yo, k3.

Row 36 [WS]: K3, yo, k4, sl3, (k6, sl3) to m, slm, k1, slm, (sl3, k6) to last 10 sts, sl3, k4, yo, k3.

Repeat *Rows 1-12* once more. 335 sts. Break CC.

Using MC, repeat *Rows 1-4* from SECTION 1 twice more.

Repeat *Rows 1 & 2* from SECTION 1 once more. Break MC; final rows are worked with only CC.

Next Row [RS]: K3, yo, k to m, M1R, slm, k1, slm, M1L, k to last 3 sts, yo, k3.

Next Row [WS]: K3, yo, k to last 3 sts, yo, k3.

Repeat last 2 rows twice more.



FINISHING

BO as follows: (k2tog tbl, slip st back to left needle) to end of row. Break yarn and pull strand through the last remaining stitch.

Weave in ends and block shawl to smooth the fabric.

ABOUT THE DESIGNER



Stephen West was born and raised in Tulsa, OK, and now resides in Amsterdam.

You can find his self-published patterns and pattern books at your local yarn shop and at westknits.com. *Book 5: Midgard* is coming out this winter as a collaboration with [Cirilia Rose](#) and you can look forward to more Westknits patterns and KALS soon!

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SPAGHETTI WITH CLAMS

4 slices bacon, diced
2 Tablespoons olive oil
4 cloves garlic, sliced
1 bag (9ounces) baby spinach
1 pound thin spaghetti
2 – 6.5 ounce cans minced clams in juice, undrained
¼ teaspoon red pepper flakes
Juice of ½ a lemon, plus wedges for serving

Cook bacon until crisp and remove to drain on paper towels. Add olive oil and garlic to skillet and cook 2 minutes. Stir in spinach and cook for about 3 minutes.

Cook spaghetti al dente, and drain.

To spinach mixture, add clams with juice and pepper flakes. Cook for 3 minutes. Toss spinach and clam mixture into spaghetti with lemon juice.

Free Pattern! Quick Cable Slouch Hat//Hat constructions



This is a pattern I had made to teach my student how to make her first cabled hat, so I made sure it was not intimidating. Very quick to knit, so great for gifts. I have used a bulky alpaca yarn so it had a fair drape and a pom-pom was too heavy, but it may work better if you use wool.

<http://www.ravelry.com/patterns/library/quick-cable-slouch-hat>

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Note added 12/31/10

I have originally posted and recommended size #10 needles for the body, but it seems like many people have been getting a less slouchy result. If you want to get a slouchy hat for sure, it might be better to use size #11

for the body.

Materials Needed:

US7 or 8 for Brim

US10 or 11 for Body

(NOTE : I had used #8 and #11, and the body was pretty big so I felted down a little. My student used #7 and #10, and it was a little less slouchier than the one I felted down. For snug brim I recommend 7, but if you want a big hat, try #11 for the body.#10 will give you a less-slouchy hat. Another way to add slouch is to do extra cable repeats before decrease.

For either, DPN, fixed 16" Circular, Using 32"+ needles to work in Magic loop is your choice.

I used Cascade Yarns Baby Alpaca Chunky. The hat weighs around 120g, so it is safe to use 2 skeins, but you'll have a good portion of the second one left.

Directions:

Cast on 72st using smaller needles.

2x2 rib for AT LEAST 10 rows in Main Color.

(note to beginners, from experience--I know how it feels when you kind of get sick of ribbing quickly and want to move on to the body, but if you make your brim too short, you will end up with a hat that doesn't stay on your head! So be patient-- you'll get there soon enough :D Make sure you get at least 1.5")

Increase row : Repeat *K3M1* (96st)

Change to the bigger needle. If you chose to change colors between the brim and body, change your yarn to Contrasting color in the next row.

Establishing rows:

Row1, 2 and 3) P2, K6, P2, K6

Row 4) P2, T6F, P2, K6

T6F: put the next 3 st on a cable needle and hold it in the front, knit the next 3 st, and then knit the 3st on the cable needle. If you find holding the stitches on the back is easier, you can do that instead. Just once you decide which one you like, stick to that throughout the hat.

From there, repeat these rows 2 times:

Row 1~7)P2, K6, P2, K6

Row 8) P2, T6F, P2, K6

At this point you should have 3 cable 'twists'

Decrease section:

Row 1) P2 K6 P2, K4, K2tog (90st)

Row 2) P2 K6 P2, K5 (aka "even") (90st)

Row 3) P2 K6 P2, K3, K2tog (84st)

Row 4) P2 K6 P2, K4 (aka "even") (84st)

Row 5) P2 K6 P2, K2, K2tog (78st)

Row 6) P2 K6 P2, K1, K2tog (72st)

Row 7) P2 K6 P2, K2tog (66st)

Row 8) P2 T6F (if you have been doing T3B, do that here), P1, P2tog (60st)

Row 9) P2 K6 P2tog (54st)

Row 10) P2 K5 K2tog (48st)

Row 11) P2 K4 K2tog (42st)

Row 12) P2 K3 K2tog (36st)

Row 13) P2 K2 K2tog (30st)

Row 14) P2 K1 K2tog (24st)

Row 15) P2tog k2tog (12st)

Row 16) K2tog (6st)

Cut yarn, draw through remaining 6 stitches. Pull tightly to close the hole. Weave in ends in the inside of the hat and block.

Hope you guys like it!

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HOWEVER if you would like to sell the knitted product, I don't really mind since its pretty generic. But if you would like to sell it please contact me first. Thanks!

Norwegian Sweet Baby Cap

Gauge: 28 stitches = 10 cm

Yarn: 50 grams of light and dark pink yarn, baby weight.

Sizes: 6 mo (1) 2 yr

CO 121 (125) 131 stitches with 2.5 mm circular needle, join then knit 7 rounds in garter stitch (purl one round, then knit one round) then change to 3 mm needles and knit in stockinette stitch, changing colors every 2 rows.

On the next round, increase and decrease as follows:

k1, M1, k18 (18) 19, slip 1 - knit 2 tog tbl - pssso, k 18 (19) 20, M1, k1, M1

k 18 (19) 20, slip 1 - knit 2 tog tbl - pssso, k 18 (19) 20, M1, k1, M1, k 18

(19) 20, slip 1 - knit 2 tog tbl - pssso, k 18 (18) 19, M1, k1

Repeat these increases and decreases every other round for 8 (9) 10 more rounds. Then do *only* the decreases every other round until there are 7 (11) 11 stitches left. Then k2tog until only one stitch is left, break yarn and thread through remaining stitches.

Steam block the cap from the inside with a damp cloth over. Attach crocheted or I-cord ribbon in each side.



Rainbow baby cap

Increase (inc): make a stitch by picking up horizontal loop before next st and purling into back of it.

Needle size: US 7 - 4.5 mm

Gauge: 18m = 10cm

Yarn: Inca wool, Hjertegarn

Cap:

cast on 84 stitches with 4,5 mm double pointed needles then knit 4 rounds in garter stitch (purl one round, then knit one round)

continue in stocking stitch and increase and decrease as follows:

k1, 1 inc, k14, slip 1 – knit 2 tog tbl, k11, 1inc, k1, 1 inc, k11, slip 1 – knit 2 tog tbl, k11, 1 inc, k1, 1 inc, k11, slip 1 – knit 2 tog tbl, k14, 1 inc.

Repeat these increases and decreases every other round for 5 more rounds. Then do *only* the increase every other round until there are 6 stitches left.

Then k2tog until only one stitch is left, break yarn and thread through remaining stitches.



The Perfect Beret

By Janelle Masters



Finished Measurements:

Small(Med, Large)
18(20,22) inches

Gauge:

20 sts and 28 rows = 4 inches in stockinet stitch

Materials:

- Rowan Scottish Tweed DK – 2 balls
- US size 4 – 16” circular needles (for ribbing)
- US size 6 – 16” circular needles
- US size 6 double point needles
- Stitch markers
- Yarn needle

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The Stitches

make 1 = Insert the tip of your left needle into the bar between the two stitches on the row below from front to back. Knit this bar through the back loop.

The Pattern

With size 4 circular needles cast on 88(100,108) sts. Place a marker and join for working in the round, being careful not to twist the stitches while joining.

Work [k2,p2] rib for 1 ½ inches.

Switch to size 6 circular needles.

Increase Round: [k2, make 1] around. 132(150,162) sts.

Work plain in stockinet stitch for 3 ½ (4,4 ½) inches from increase row.

Set-up Round: [Knit 22(25,27), place a marker] repeat around.

Round 1: (Decrease Round) [Ssk, knit to 2 sts. before next marker, k2tog, slip marker] repeat around. (12 sts. decreased.)

Round 2: Knit

Repeat rounds 1 and 2, switching to double point needles when necessary, until 12(18,18) sts. remain.

Cut yarn and thread the end on a yarn needle. Sew through remaining stitches and weave in ends.

Block if desired.

VINEGAR CAKE

1 ½ cups flour
1 cup sugar
1 teaspoon baking soda
½ teaspoon salt
3 Tablespoons cocoa, and extra for dusting tip of cake
1 Tablespoon vinegar
1 Tablespoon vanilla extract
1 cup warm water
6 Tablespoon vegetable oil

Mix dry ingredients together. In a separate bowl, mix the liquid ingredients. Make a well in the dry ingredients and pour in the liquid mixture. Blend well. If batter is not very loose, you can add a little bit of warm water, a Tablespoon at a time until you have a nice batter.

Pour into an 8 or 9 inch square pan. Bake 25 – 30 minutes in a preheated 350°F oven until a wooden pick inserted near the center comes out clean. Let cool and dust with the cocoa.

Tunisian Wingspan

Amy Depew and Beth Graham



Our Tunisian crocheted take on Maylin Tan's fantastic knitted Wingspan pattern.

Experience Level

Beginner +

Materials

- 1 skein Sensations Breeze, 72% acrylic, 20% cotton, 8% polyamide, 170g (6 oz)/544m (595 yds), color Pink Orange (Amy's version)
- 1 skein Kauni 8/2 Effektgarn, 100% wool, 140g (5 oz)/560m (612 yds), color EF (Beth's version)
- H8/5.0 mm Tunisian hook or size needed to get the result you like (Beth's sample used a J10/6.0 mm hook)

Gauge

As you can see from our examples, gauge is not critical to the success of this project. (In Amy's version, each triangle shown is approx 14" long, while in Beth's each triangle is approx 18".)

Abbreviations

ch chain, **lp(s)** loop(s), **Tks** Tunisian knit stitch, **Tps** Tunisian purl stitch, **Trs** Tunisian reverse stitch, **Tss** Tunisian simple stitch, **yo** yarn over

Notes

Tunisian crochet is a two-step process of forward and return passes. The forward pass puts loops onto the hook, while the return pass works them off in preparation for the next row. (Note: Stitch instructions in this section describe the forward pass only.)

- To make the return pass for each row, ch 1, *yo and pull through 2 lps; rep from * to start of row.
- To make a Tunisian simple stitch (Tss), insert hook under loop in front of fabric, from right to left, and pull up a loop.
- To make a Tunisian knit stitch (Tks), insert hook through fabric, between front vertical strand and corresponding vertical strand in back, yo, and draw through one lp of yarn.
- To make a Tunisian reverse stitch (Trs), insert hook under vertical loop in back of fabric, from right to left, and pull up a loop.
- This pattern can be adapted to many different Tunisian stitches. (Beth's sample used Tunisian simple stitch.)

For more information on Tunisian crochet, please consult a reliable resource such as the Stitch Diva Studio tutorials: <http://www.stitchdiva.com/custom.aspx?id=40>

- This pattern can be adapted for use with any yarn or hook. Just adjust your beginning chain to the desired length.
- For more pronounced points, make longer chains at the beginning of each triangle. (Beth's sample used longer chains than Amy's.)



Wrap

Triangle 1

Ch 60

Row 1: Pick up each loop across. Return.

Row 2: Trs across to last two stitches. Leave remaining stitches unworked. Return.

Repeat row 2 until only two stitches remain of first triangle.

Triangles 2 - 8

Wingspan can be adapted to the number of triangles you prefer. (Because Beth was starting to run out of yarn, for example, her wrap has 7 triangles.)

Ch 10 (or number to achieve desired "pointiness")

Row 1: Pick up each loop of chain. Trs next stitch left unworked (it will be the first stitch of the last row completed in the previous triangle). Tks next stitch (it will be the last stitch left of the last row completed in the previous triangle). Continue picking up the stitches across the edge of the previous triangle by picking up one in Trs and one in Tks, until you have 60 stitches on your hook. Return.

Row 2: Repeat row 2 from Triangle 1 instructions.

Repeat row 2 until only 2 stitches remain.

Trim

Row 1: At the end of the 8th triangle (or desired number of triangles), do not make a new chain. Pick up each stitch across the edge of the last triangle (as done previously) AND all the stitches left over from the previous triangles. If you have followed pattern directions to this point without modifications, you will have 130 stitches on your hook: 60 stitches from the edge of Triangle 8, and 10 free stitches from each of the other seven triangles. Return.

Rows 2 – 3: Trs each stitch across. (Note: Beth worked a single row of Tps.)

Loosely bind off in Trs or stitch that was used in previous rows. Weave in ends and block as desired.



If you can't get enough of our Tunisian Wingspan, try the original knit version, shown on right. Find the pattern at <http://www.ravelry.com/patterns/library/wingspan-2>