



# Simple One Ball Knit Hat

By Leef Bloomenstiel © 1997

Simple one ball knit hat, knitted flat on single point needles.

RS=right side WS=wrong side st=stitch k=knit p=purl  
k2tog=knit 2 together p2tog=purl 2 together PM=place marker

●**YARN:** 3 ounces of handspun yarn at about 10wpi, OR one ball of Encore worsted weight yarn  
●**Ruler**  
●**NEEDLES** - US#9 single points  
●**Gauge**—about 4½ sts per inch  
●**4 stitch markers**  
●**Large needle for sewing in the ends**  
●**Sized for a ladies medium sized head.**

## CAST ON 85

RS-Row1- \*k1, p1\*, repeat \*to\* to last st, k1

WS-Row2- p1, \*k1, p1\* to end

Repeat these two rows for 1½ inches

-Beginning on RS, knit ½ inch in stockinette stitch\*\*

-Beginning on RS, knit 1½ inches in seed stitch\*\*

-Beginning on RS, knit ½ inch in stockinette stitch\*\*

## INITIAL DECREASE

RS-Row1- k10, k2tog, \*(k19, k2tog)\*3x, k10 (81 total sts)

WS-Row2- purl

## SPIRAL DECREASES

RS-Row1- k15, k2tog, PM, \*(k14, k2tog, PM)\*3x, k14, k2tog

WS-Row2- purl

RS-Row3- \*(knit to the last 2 sts before each marker, k2tog, slip marker)\*, repeat \*to\* around to last 2 sts, k2tog

WS-Row4- purl

Repeat rows 3 & 4 until there are 12 stitches between the second and third stitch marker after decreasing on a RS row.

WS-purl

## DECREASE EACH ROW

RS-Row1- repeat row 3 above in the Spiral Decrease section

WS-Row2- p2tog, \*(purl to each marker, slip marker, p2tog)\* repeat \*to\* around, purling the last block of stitches after the last p2tog

Repeat the above rows 1 & 2 until there are 8 sts between the second and third stitch markers after completing a RS decrease row

WS—purl around

## FINAL DECREASES

RS-Row1- k2tog around knitting any single stitch left

WS-Row2- purl

RS-Row3- repeat row1

Cut working yarn at least 18 inches long. Pull through loops and seam edges neatly. Sew in ends.

\*\*stockinette stitch—knit on the RS, purl on the WS

seed stitch—RS- \*k1, p1\*, repeat across, ending k1

WS- purl the knit stitches and knit the purl stitches

Visit the farm website at:  
<http://appleleeffarm.com/>  
Email: [leef@appleleeffarm.com](mailto:leef@appleleeffarm.com)

APPLE LEEF FARM  
669 Massey Road  
Gunter, TX 75058